



# Swim Lesson Program

## *How the Swim Lesson Program works?*

The Smithfield Recreation and Aquatics Center offers individual lessons. Studies have shown that individual lessons are most effective for people of all ages and it allows the instructor to focus on specific ability and individual goals.

### **Frequently Asked Questions**

- Our lessons are 30 minutes in length.
- We follow American Red Cross guidelines.
- We offer lessons Monday thru Saturday (8:00AM— 12:00PM) and Monday thru Friday (3:00PM - 7:00PM). We do not offer lessons on Sunday.
- We offer sets of 3 lessons or 5 lessons, prices are listed below.

<b>Cost</b>	<b>Residents</b>	<b>Non-Residents</b>
3 Lessons	\$45.00	\$73.00
5 Lessons	\$75.00	\$121.00

- Payment is due when you turn in the request.
- Please be on time. Your instructor cannot guarantee your entire 30 minutes if you are late.
- Cancellation Policy - We ask that you allow 24 hours notice of cancellation. However, we do realize that situations may arise that you will need to cancel after this time frame. Failure to show for a scheduled lesson, will forfeit that particular lesson. It is at the discretion of the instructor to make-up any lesson missed by the student. Instructors will make-up any lesson cancelled by the instructor.

If you are interested in lessons at the Smithfield Recreation and Aquatics Center, please fill out the request sheet on the back and return it to:

***Laura Crumpler, Aquatics Director , PO Box 2344, Smithfield, NC 27577***

***Drop off at SRAC***

***Email - [laura.crumpler@smithfield-nc.com](mailto:laura.crumpler@smithfield-nc.com)***

***or fax to 919-934-6554***

### **Once your form is received in the Aquatics Office**

1. The Aquatics Director will pair your needs with an available instructor. Generally this process can take up to 2 weeks.
2. Lesson Coordinator will contact you by either phone or email to set up your first lesson and/or subsequent lessons. Please get back in touch with us within 48 hours to ensure the best available time slot for your Family.



# Swim Lesson Registration

<b>Participant Name</b>		<b>Age</b>	
<b>Address</b>			
<b>City</b>		<b>Zip</b>	
<b>Home Phone</b>		<b>Cell Phone</b>	
<b>Email</b>			
<b>Parent Name</b>			

**Describe participants past swimming experiences?**


**Please tell us when you are generally available for lessons (days of the week, times, etc.)**


**Participant Policy**

I understand in activities there are incidents, accidents, and/or injuries/ I allow myself or my child to participate voluntarily in These activities. I have read this agreement and understand its contents. I release and hold harmless the Smithfield Parks and Recreation Department and its agents from any claims arising out of injury to me or my child.

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<u>Office Use Only</u>				
Instructor:				
Cash:	Check # :	CC Invoice #:	Date:	Emp. Initials:
Date of First Contact:		EMAIL	PHONE	
Date of first lesson:				